SPHE

**Lesson: Do We Need Rules?**

Discussion

Talk about places that your daughter visits regularly (e.g. school, shops, park, library) and discuss the rules in these places.

- Do you know some rules about what we are to do in...?

- What would happen if we did not obey the rules?

- Are all the rules written down?

- If they are not all written down, how do we know them?

- Who would tell us rules?

Drawing and Discussion

Draw a picture of your child in the centre of a large sheet of paper. Explain to your child:

- I’m going to imagine that this is you and I want you to tell me all the people from home, from school and from... (where you live) who help you and other children in our locality.

As your child identifies people who help her, write or draw these people around her on the page (e.g. Mum, Dad, brothers, sisters, guard, postman, scout leader).

Talk about how these people help. Now give your child paper and crayons and ask her to draw a picture of herself in the centre and draw pictures of the people who help her and others.